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Items marked * in orange on the content list are highlighted either because of their importance or because they contain information you may not have seen elsewhere.

TRAINING, EVENTS & OPPORTUNITIES

Last Few Places Remaining For LMC Event – General Practice: Foundations for a Stronger Future

Tuesday 9th October 2018, 09:00-17:00

Lazaat, Cottingham, East Yorkshire HU16 5SX

There are just a few places remaining for our learning event – don't miss out if you haven't booked a place yet!

The day will examine how practices can ensure they are prepared to face the future in a changing NHS. Whatever your practice plans, this event will help you take an in-depth look at four key areas, highlighting both current issues that affect the security of all practices and future development options.

This is a free event organised by Humberside LMC in partnership with BMA Law. The event is a rare opportunity to hear from specialist lawyers from BMA Law and Mills & Reeve who will be delivering the workshops. The event will be of interest to GP Partners, Practice Managers and other practice staff who would like to learn more about these key issues.

There will be four workshops which will be repeated throughout the day, ensuring all delegates can attend each one:

1. Partnership

A holistic look at the modern partnership – core elements of a good partnership agreement; when and what to review; common issues which cause partnership disputes and how to mitigate.

2. Premises

A look at practical premises issues, touching on the different matters that affect owned and leased premises.

3. Mergers (including super partnerships)

What do we actually mean when we talk about 'mergers'? Issues to consider and plan for including core contracts, pensions, inspection and due diligence.

4. New Models of Care

What do we mean by new models of care? What 'models' are we talking about? What do all the acronyms (ICS, ICP, ICO, PACS, MCP) all mean in practice and how do these things differ from one another? How do GPs fit into this picture? What is the direction of travel with regard to capitated budgets and risk/reward opportunities?

Refreshments will be provided throughout the day and a buffet lunch will be served.

Book your free place at <https://www.fourteenfish.com/events/7448>

RCGP Courses and Events Autumn 2018

The Royal College of GPs has a new timetable of CPD courses and social meet-ups for the Yorkshire area with a variety of events scheduled at venues across the county.

This timetable can be downloaded at

https://i.emlfiles4.com/cmpdoc/7/7/0/9/9/1/files/22809_course-and-events-sheet-promotion---sep-dec-18.pdf

Joint Women's and Men's Health Event

Tuesday 23rd October 2018, 18:00-21:00

Best Western Willerby Manor Hotel, Well Lane, Willerby, Hull HU10 6ER

This event has been organised by Dr Jenny Brotherston and will be sponsored by Pharmaceutical companies.

The evening is aimed at GPs, Nurses and other Healthcare Professionals across the region. There will be various talks on the evening from local leading professionals see the [event programme and booking form](#) for full details.

The evening qualifies for 2 CPD points and attendees will receive a certificate of attendance at the end of the evening. A hot buffet meal will be provided on the evening which will include vegetarian and halal options.

[Download the programme and booking form.](#)



HYMS CPD Courses November 2018 – April 2019

Medically Unexplained Symptoms in Primary Care – A Practical Guide

Wednesday 14th November 2018

Loxley Building, Hull University

This full day workshop will be led by Dr Stella Morris, consultant liaison psychiatrist alongside several other members of the team at the Department of psychological medicine at Hull Royal Infirmary. It aims provide GPs and GP registrars an opportunity to reflect on their experiences in dealing with patients who have MUS. It will include communication and management strategies which give clinicians the tools and confidence to help their patients (and themselves) deal with chronic symptoms for which there is no identifiable organic cause.

The GP Update Course

Saturday 17th November 2018

Ron Cooke Hub, University of York

Now in its fifth year, HYMS will be hosting the York-based version of the RCGP-accredited GP Update course on Saturday 17th November. This will take place in the Ron Cooke Hub on the East Campus of the University of York between 10am and 4pm. Clinicians are welcome to attend and benefit from a considerably lower rate (£155) compared with the equivalent national course. Further discount is available for HYMS graduates, clinical tutors, GPSTs, practice nurses and advanced clinical practitioners – more detail is available on our website.

Confidence with Hand and Wrist Injections

Wednesday 28th November 2018

HYMS Building, York University

Musculoskeletal problems of the hand and wrist are frequently seen and sometimes confusing. In this half day course you go back into the Anatomy Department to look at the commonly encountered conditions, de-mystify their diagnosis and management before focusing on injection skills. Led by a GPwSI and 2 experienced extended scope practitioners, the course provides access to prepared prosections which will help to refresh knowledge and understanding of anatomy as well as allowing useful rehearsal of injection skills.



Paediatric Update

Wednesday 30th January 2019

The Piazza, University of York

Treating children and their families is one of the cornerstones of British general practice and brings challenges to both new and experienced clinicians. This full day course, led by local paediatricians, will update and improve confidence in a number of areas relating to paediatrics including a session entitled 'things that usually aren't cancer'. The day will consist of short lectures and small group work with facilitated case-based discussion.

Headache Made a Little Easier

Wednesday 13th February 2019

The Piazza, University of York.

This half day course, facilitated by local headache specialist Dr Manuela Fontebasso, will consider all aspects of headache in primary care with the aim of increasing clinician confidence. There will be advice on diagnosis and management, review of current NICE/BASH guidance as well as the opportunity to discuss challenging cases.

Palliative Care in General Practice - Principles and Practicalities

Wednesday 20th March and Wednesday 10th April 2019

St Catherine's Hospice, Scarborough

This comprehensive two day workshop is aimed at GPs, GP Registrars and other senior clinicians working in primary care who are looking to increase their skills and confidence in managing palliative care patients. Now in its sixth year with consistently excellent feedback, each day complements the other although both are suitable as stand-alone study days. The course maps to the RCGP curriculum and will provide detailed information on the MDT and other support agencies available. It will include facilitated small group work and case studies with the opportunity to refine skills between the study days and bring cases for reflection.

An Introduction to Mindfulness

Wednesday 27th 2019 March

Hollies Park, Weetwood, between Headingley and Adel, Leeds

In recent years, mindfulness practice has been increasingly employed to alleviate a variety of mental and physical conditions. There is an increasing evidence base for its benefits. This 1 day course, facilitated by a Clinical Psychologist, CBT Therapist and mindfulness teacher is specifically designed for primary care health professionals who wish to use mindfulness for their own personal benefit and to raise awareness of it as a

potential support for patients.

Booking for all courses is via the following link:

<https://store.york.ac.uk/product-catalogue/hull-york-medical-school/hyms-short-courses>

Alternatively please contact Jackie Houlton: jackie.houlton@hyms.ac.uk. Places on all courses are limited so please book early.

Humber Collaborative Coaching Programme

In partnership with eMBED Health Consortium, three Humberside CCGs: Hull, North East Lincolnshire and East Riding of Yorkshire are hosting the collaborative coaching programme.

Cohort 3 of the programme starts in November 2018 and applications are now open.

Humber Collaborative Coaching Programmes offers a practical training programme using tools, techniques, coaching skills and content which can quickly and easily be transferred to the workplace. The programme aims to:

- Explain the differences between coaching and mentoring and equally the similar skills sets required to support your colleagues within the workplace.
- Develop skills to decide when it is appropriate to coach or mentor individual work colleagues and work teams.
- Support participants to use and adopt a coaching style based around frameworks and structure.
- Enable participants to build confidence around balancing and appropriately shifting levels of challenge and support.

Half-day workshops run over five weeks in November and December 2018. Further details can be found on the [programme flyer](#) and [slide pack](#). Completed applications need to be returned by **Friday 26th October 2018** – download the [application form](#).

Opportunity for Clinicians with Yorkshire and Humberside Clinical Senate Council

The Yorkshire and the Humber Clinical Senate provides free and full independent and



impartial clinical advice on plans for service change that have significant implications for patients and the public. There are currently vacancies for senior, experienced and passionate health and social care professionals who are actively involved in healthcare delivery to join the Senate Council.

As a member of the Senate Council you will join the group which is responsible for the formulation and provision of advice. You will join a core multi-disciplinary 'steering' group of between 20-30 members which include a range of clinicians from across health and social care and 3 patient and public members. Members are appointed for a mix of tenures of between two and three years, to a maximum of 5 years.

The fixed time commitment for the role is to attend bi-monthly Senate Council meetings in Wakefield. Further time commitment is flexible depending upon membership of specific expert panels for individual reviews.

Further details of the role and how to apply can be found in the [full advertisement](#) (pdf). Applications should be submitted no later than **Monday 15th October**. More information on the work of the Yorkshire and Humber Clinical Senate can be found at <http://www.yhsenate.nhs.uk/index.php>.

YORLMC Conference

Thursday 18th October 2018, 09:30-16:30

Pavilions of Harrogate, Great Yorkshire Showground, Harrogate HG2 8NZ

This year's conference will feature a range of speakers who will discuss issues including:

- Primary Care – Today and Tomorrow
- Workforce Planning in Primary Care
- Planning your Services – Tools and Techniques
- New Ways of Working

See the [conference flyer](#) for details of the speakers. Full details including the conference agenda, prices and online booking can be found at <https://www.yorlmcLtd.co.uk/events/6617>.



PRACTICE MANAGEMENT

New LMC Advice Sheet - Subject Access Requests (SARs) under the GDPR

The LMC has published new guidance to help practices respond to Subject Access Requests (or SARs) under the new GDPR rules.

The new advice sheet [Subject Access Requests from Solicitors and Insurance Companies under the GDPR](#) explains the legal duties for practices and sets out responses to the most common types of question we have received so far from practices such as: the difference between SARs and request under AMRA; requests from insurance companies; and practical issues such as electronic records and security.

Download [Subject Access Requests from Solicitors and Insurance Companies under the GDPR](#) (pdf).

Important Information for Dispensing Practices – Forthcoming Review

The LMC understands that NHS England will shortly be undertaking a review of dispensing patients. This is being undertaken in line with Part 8 of the Pharmacy Regulations 2013 and is expected to commence on 1 October 2018. More information about this will be made available in due course and the LMC are in early discussions with NHSE regarding the proposed review and the process that will be followed. The review will check that only eligible patients are designated as dispensing. Any patients identified as dispensing but who live within 1.6km of a pharmacy will subsequently be changed on the Exeter system from dispensing to prescribing.

The LMC has received early assurance that there will be no financial penalties for the period in which a patient has been incorrectly on the dispensing register. Where there are a large number of patients that will need the dispensing flag removing, NHSE will seek to agree a period of gradualisation via the NHS England Regional Pharmacy Committee.



It appears that this is another area in which the transfer of work from the local PCS team at Willerby to the national PCSE contract has resulted in things being 'missed'. The LMC has sought clarification from the local NHSE area team regarding the correct process that practices should be following and have been advised that the only step practices need to take is to ensure that the dispensing flag is immediately removed from patients if they move address into an area that is non-dispensing.

Important New NHS e-Referral Functionality

Occasionally, when users make a referral through their GP systems, the user exits the NHS e-Referral service before the referral process has been completed. Whilst the referral unique booking reference number (UBRN) can appear in the GP system records, up until now there has been no way of viewing or processing the unfinished referral in e-RS, so the only option has been to start the referral process again with a new referral UBRN.

An enhancement, introduced in June, makes these unfinished referrals visible on the *Referrer Action Required* worklist in e-RS, with a status of **incomplete referral**. In addition they are also viewable on the patient tab by searching for the UBRN, from where you will also be able to see if a duplicate referral has already been created, in which case, the incomplete referral can be cancelled.

A new [quick reference guide](#) prepared by NHS Digital details how you can process or cancel these incomplete referrals.

Please note: It is important that the *Referrer Action Required* worklist is checked regularly and that all referrals on this list are actioned in a timely manner.

Secure Email Notifications to Practices from Pharmacies

Humber LPC have asked us to advise that in order to receive notifications via e-mail from pharmacies (e.g. read coded flu notifications), practices need to have verified their secure e-mail.

All practices should have received a secure e-mail verification from Pinnacle. This e-mail needs to be verified to ensure the notifications can be sent from PharmOutcomes via secure e-mail. If this is not verified then pharmacies will have to send a paper or fax



notification.

If practices need to change their e-mail or have not received a verification e-mail please contact helpdesk@phpartnership.com.

SNOMED Technical Requirements Guidance

NHS England have issued the latest updated version of the technical requirements to help practices to make the transition from Read/CTV3 to SNOMED CT and to support those who do not currently have their SNOMED solution. The guidance illustrates the current Read v2 and CTV3 codes that will map to the listed SNOMED CT concept id as provided in the June 2018 mapping tables.

Download the [SNOMED Technical Requirements 2018/19 Version 3 guidance](#).

New Benefits for LMC Buying Group Members

The LMC Buying Groups Federation has been negotiating discounts on a wide range of products and services for practices in our area for almost a decade.

They have recently launched several new services to help practice members further: a recruitment platform and online Community. Practices that have re-registered with the Buying Group can now advertise practice vacancies (clinical and non-clinical roles) for free just by logging into their website and uploading the advert:

<https://www.lmcbuyinggroups.co.uk/job-vacancies/gp-practice/uk>. They also offer a featured job package for a small fee.

In addition, you can also access their new Community section which is an information hub with sector/supplier updates, advice and guidance to support you in the running of your practice. Visit their community for flu vaccine updates, additional services and exclusive online only offers: <https://www.lmcbuyinggroups.co.uk/community>.

For further information on LMC Buying Group member benefits or to speak to a member of the team, you can live chat via their website:

<https://www.lmcbuyinggroups.co.uk/> or give them a call on: 0115 979 6910.



GUIDANCE & RESOURCES

GP Career Support Pack

As part of GP retention efforts, NHS England, RCGP and the BMA have developed a GP Career Support Pack that sets out support available at different stages of a GP's career (e.g. first five, mid-career, nearing retirement, taking a career break and / or needing extra support). The pack is intended to signpost GPs to support available throughout their career.

GPs are encouraged to liaise with their responsible officer team, usually via the appraisal lead, to obtain further advice and support on the initiatives and schemes set out in the pack.

The national pack is available for download on the NHS England website <https://www.england.nhs.uk/publication/gp-career-support-pack/>

Partnership Agreements – Retiring and New Partner Checklists



Our colleagues at Wessex LMC have shared two useful checklists which will help partnerships which either have partners approaching retirement or new partners joining the practice. The checklists provide a ready reckoner of who needs to be notified in these circumstances. The documents were developed by the Adam Practice, a large GP practice on the south coast and can be downloaded from the Wessex LMC website [here](#).



GENERAL NEWS

New Chair for Hull and East Yorkshire LMC



Congratulations to Dr Simon Carruthers who has taken over as Chair of Hull and East Yorkshire LMC after being elected to the role at the LMC Committee meeting on September 11 2018.

Dr Carruthers said: "I am delighted to have been elected as Hull and East Yorkshire LMC Chair. I hope that I will be able to bring the wisdom of 25 years in practice to the role and will take every opportunity to be a strong advocate for the interests of General Practice in the area."

Dr Carruthers, a GP at the Old Fire Station, Beverley takes over from Dr Anne Jeffreys who will be taking over as Chair and Clinical Lead of NHS East Riding of Yorkshire Clinical Commissioning Group once Dr Gina Palumbo steps down from the role at the end of the year.

We are sure that the local GP community will join with all the staff and LMC members to extend our thanks to Dr Jeffreys for her hugely valuable contribution and commitment to the LMC over many years.

GP Pensions – Potential Discrepancies in Records

You may have already seen the recent message from NHS England and the NHS Business Services Authority concerning discrepancies identified in a small sample of pension scheme records. NHS England is now carrying out a review of all data led by an



independent pensions expert who has been jointly appointed with Capita.

NHS England has assured GPs that their pension entitlements are safe and that their priority is to ensure that where there are any discrepancies, they are identified and resolved as quickly as possible. The records of GPs who are nearing retirement age (56 or over), GPs who have recently retired, and GPs who have died in service are being prioritised in the review.

GPs do not need to do anything at this stage and may not need to in future. If the review shows any discrepancy in your data, you will be contacted directly with clear advice on what to do next. This may involve re-submitting annual certificates for years where there are discrepancies.

Some Total Reward Statements (TRS) are now available online for year ending 31 March 2017 and the remainder are due in December 2018. If you have not received confirmation that your TRS is available by 17 December, please contact the NHS Pensions TRS Helpline (0300 330 13510) or email: nhsbsa.trs@nhsbsa.nhs.uk. You should also contact the helpline if you have any queries relating to your TRS.

More details are included in the [NHS England and NHS Business Services Authority message to GPs](#) and [GP pensions briefing](#).

If you have been affected by this issue and would like advice on how to proceed please contact us.

NHS England Launches Free Prescription Eligibility Campaign

NHS England and the NHS Business Services Authority have launched a nationwide campaign to help people understand their eligibility for free prescriptions. '[Check Before You Tick](#)' encourages people to use a [new online tool](#) to check their eligibility before claiming, with the aim of reducing the £256 million cost per year to the NHS when people incorrectly claim free prescriptions.

GP Retention Scheme

As of June 2018, around 295 GPs across England had joined the [GP Retention scheme](#) giving them the flexible working options they need to enable them to remain in



practice. This scheme could be helpful for a range of GPs, including those who need time to care for family members, those wanting to reduce their hours as they approach retirement, or GPs who want to receive educational and development support after a period of absence. In these cases it is worth seriously considering joining this scheme. You can watch this [video interview](#) with two GPs explaining how the scheme has helped them to continue practising.



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