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Items marked * in orange on the content list are highlighted either because of their importance or because they contain information you may not have seen elsewhere.

TRAINING, EVENTS & OPPORTUNITIES

Immunisation and Vaccinations Annual Update Training – Dates for 2019

Due to high demand for these training events in 2018, Humberside LMCs are happy to be offering further dates for both practice nurses and HCAs throughout 2019.

The training has had excellent feedback from participants:

- “Fabulous interactive and informative update!”
- “Very practical advice along with evidence to present to patients.”
- “Excellent. Good to have supporting literature. Like having all the info already printed.”
- “I feel both trainers were very knowledgeable on the subject matter and explained everything very well. Really enjoyed the interactive elements.”

2019 Dates:

Thursday 20 June 2019 – Practice Nurses

Friday 19 July – Health Care Assistants

Friday 26 July 2019 – Practice Nurses

Wednesday 4 September 2019 – Practice Nurses

Thursday 10 October 2019 – Practice Nurses

Venues are to be confirmed so please keep an eye out for them on our website humbersidelmc.org.uk/lmc-events. Alternatively, if you are interested in booking a place, or would like venue information as soon as it is confirmed, please send us an email including your preferred contact details to humberside.lmcgroup@nhs.net

Clinical Pharmacists in General Practice – Criteria Changes

NHS England has changed the criteria for the programme, which seeks to expand the number of pharmacists in general practice, in response to feedback. The changes make it easier for sites to operate across a smaller population size, and allow clinical pharmacists to work part-time.

The criteria changes are:

- Reduction of the current population criteria from 1 WTE clinical pharmacist per
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30,000 population, to 1 WTE per 15,000 population (or the proportion of WTE that can be applied to the population criteria e.g. 0.5 WTE for 7,500 population).

- Permitting part-time clinical pharmacists of a minimum of WTE.

Practices can apply for the scheme on an ongoing basis through the [clinical pharmacist portal](#). The next application deadlines are 22 February 2019 (Wave 8) and 31 May 2019 (Wave 9). Full details and guidance from NHS England can be found [here](#).

GPs Needed at Safecare Network Frail & Elderly Service

Safecare Network are looking to recruit more doctors to the team delivering the community based Specialist Assessment for Frail and Elderly service (SAFE). The SAFE service provides Comprehensive Geriatric Assessments (CGAs) for patients aged 65 years and over who are referred into the service by local GPs and Care Homes. Clinical support is provided by a Consultant Geriatrician.

The service involves undertaking CGAs in clinics held within local GP practices, care homes and when appropriate, home visits. The service has access to regular MDT meetings to review more complex patients.

A full induction will be provided with continuing support and funding is available to pay exam costs for the Diploma in Geriatric Medicine for GPs who would like to undertake it.

Full details including employment terms and contact details if you're interested in the opportunity can be found on the [job advert](#).


COPD Evening Event – Holistic Management of Late Stage COPD

Thursday 6th December 2018

18:00 for 18:30 start

Humber Royal Hotel, Littlecoates Road, Grimsby DN34 4LX

North East Lincolnshire CCG are hosting this free event which is open to all health and social care staff (clinical and non-clinical) with an interest in respiratory. There will be time to meet colleagues from other teams before and after the talks as well as learning about all the work that is going on around COPD locally.



Booking is required to secure a place: email NELCCG.CommissioningQueries@nhs.net for the attention of: Michael Midgley, Project Support Officer and include: *Your name, job title and organisation* before the deadline of 5pm, Thursday 29th November 2018.

Full details can be found on the [event flyer](#).

Rural Health Innovation Exchange

Thursday 6th December 2018

09:30-16:30

The Epic Centre at Lincolnshire Showground, Grange-de-Lings, Lincoln LN2 2NA

The East Midlands Academic Health Science Network (EMAHSN) is collaborating with the National Centre for Rural Health and Care to hold an Innovation Exchange to address some of the challenges that rurality presents to the delivery of both health and social care.

This event will bring together representatives from the NHS, Social Care providers and Commissioners, academia, citizens, third sector and the commercial sector to build shared understanding, develop collaboration and support the uptake of proven innovations focused on addressing these significant challenges.


Workshops will provide an informal platform for attendees to review current service models and clinical pathways, transformation plans and innovations, and work together to identify sustainable digital and technology based solutions.

Full details and booking information can be found on [Eventbrite](#).

Diploma in Advanced Primary Care Management

This is a one year diploma to develop the skills and competencies for managing primary care at scale within the NHS. The curriculum will incorporate the learning and experience of multispecialty community providers (MCPs), integrated primary and acute care systems (PACS) and primary care homes.

Places are available for the programme commencing in February 2019, with bursaries funded by NHS England North available to assist with the costs for NHS staff working in



general practice within the north region. Full details and application information from the National Association of Primary Care (NAPC) can be found [here](#).

Safeguarding Children Training for General Practitioners Training Evening

Tuesday 2nd April 2019

David Lloyd Fitness Centre, Raich Carter Way, Kingswood, Hull HU7 4HS

18:00 (for 18:30 start)–21:30


City Health Care Partnership in partnership with NHS Hull and NHS East Riding of Yorkshire have booked the first of their 2019 GP training evenings. This event is a three hour intercollegiate level 3 compliant course and will contribute to meeting the wider safeguarding children competencies.

There are a maximum of 50 places available and bookings must be made by email to CHCP.safeguardingchildrentraining@nhs.net. Full details can be found on the [event flyer](#).

RCGP Research and Surveillance Centre Seeks New Members

The Royal College of General Practitioners Research and Surveillance Centre (RCGP RSC) is a research and surveillance unit and sentinel network that has been involved in surveillance of infectious diseases for over 50 years.

Practices joining the centre have the opportunity to be actively involved in funded research studies and can determine the level of their involvement. Currently practices in the network benefit from:

1. Continuous feedback on coding and access to an individual interactive dashboard.
 2. The opportunity to participate in funded research.
 3. A free Research Ready Advanced accreditation. The standard cost is £50 for a practice to Advanced-accredit for each year you are an RCGP RSC member
 4. A team of Practice Liaison Officers who support the network and train practices as needed.
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The Centre, growing from under 100 practices to over 400 practices, has recently received funding by NHS England to double the size of the practice network and create a workload observatory. More details can be found in a [leaflet for practices](#) and [further information](#).

PRACTICE MANAGEMENT

National Data Opt-out

Practices should recently have received a letter from NHS Digital stating that the codes for the 'type 2' opt-out have been retired and should no longer be used. A 'type 2' opt-out prevented a patient's confidential personal information from leaving NHS Digital for purposes beyond their direct care.

A new national data opt-out model, launched in May, replaces the 'type 2' opt-out. The new model provides an online facility for individuals to opt-out from the use of their confidential data for purposes other than direct care i.e. for the purposes research and health service planning. Patients who had previously registered a 'type 2' opt-out have had this converted into a national data opt-out. It is important that patients are aware of their right to opt-out. Despite efforts to raise public awareness as part of the Information Commissioner's Office 'your data matters' campaign recently published figures show that uptake of the national opt-out has been lower than expected.

Patients can set their opt-out preferences at www.nhs.uk/your-nhs-data-matters/ using their NHS number and email address or telephone number which is on the GP record or on the Personal Demographics Service database to register their decision to opt out. Patients who are unable to use the online facility can use a phone helpline 0300 303 5678. A paper print-and-post form is available [here](#). A patient poster and handout pack was sent to practices in June – see [here](#).

The new opt-out is provided in line with the recommendations of the National Data Guardian in her 2016 'Review of Data Security, Consent and Opt-Outs'. NHS Digital are applying patients' preferences but there is a longer timetable for implementation across the rest of the system by 2020. The national opt-out will not apply in the following circumstances:

- the patient has given consent to a specific project (e.g. a medical research project)

- statutory requirements to share data (e.g. Section 259 of the Health and Social Care Act 2012 which requires providers to share data with NHS Digital)
- where there is an overriding public interest for the opt-out not to apply
- other specific circumstance - for full list of exemptions see [here](#)

'Type 1' opt-outs will continue to apply and be respected. A 'type 1' opt-out prevents confidential patient information from leaving the GP practice for purposes other than direct care. Practices should continue to record 'type 1' opt-outs.

GUIDANCE & RESOURCES

My Stroke Guide – Support for Anyone Affected by Stroke

Around 80,000 people a year are admitted to hospital with a [stroke](#), and there are over 1 million stroke survivors in England. World Stroke Day took place on 29 October 2018 to raise awareness of the impact that stroke can have on survivors and their families, and demonstrate support to anyone affected by stroke.


The Stroke Association has a range of [support resources and services](#) available for people affected by stroke, including the recently updated [My Stroke Guide](#). To find out about what NHS England is doing to improve stroke identification, care and treatment visit the [NHS England](#) website.

New Guidance to Help Diagnose Bowel Conditions

A [new national care pathway](#) to help GPs simply and accurately distinguish between patients with Irritable Bowel Syndrome (IBS) and those with Inflammatory Bowel Disease (IBD) has been developed.

The pathway encourages primary care clinicians to use faecal calprotectin testing as a decision diagnostic, helping to reduce uncertainty for patients as well as the number of unnecessary hospital referrals for further testing.

Alongside the benefits to patients, which include earlier identification, referral and treatment of more serious conditions (where faecal calprotectin levels are above 250 micrograms), the test offers GPs greater assurances in diagnosing between IBS and IBD.



NHS Screening Programmes: Information for GPs and Practice Staff


Support patients to access screening programme and to obtain their results with [updated guidance](#) from Public Health England. The guidance includes general information about population screening programmes in England, links to patient information leaflets, training via e-learning and contact details for the screening helpdesk.

New Partners – Keeping Up To Date



BMA Law have published a useful article which gives guidance on ensuring that a partnership agreement is kept up to date when a new partner joins a practice. It is crucial that new partners sign to confirm agreement to the terms of a partnership agreement to protect all parties. But it's also equally important that the document terms are updated appropriately.

Read the article [here](#) (if the link fails to load go to <http://bmalaw.co.uk/> and you will find the article on the Resources page). You can download our guide to solicitors with experience of developing partnership agreements [here](#).



CONSULTATIONS

GP Partnership Review – Survey Seeks Views on Workforce Retention

The GP Partnership Review, led by Dr Nigel Watson, is reaching its final stages and is developing recommendations that will be made to the Secretary of State and the Chief Executive of the NHS in the final report.

The review team is seeking a better understanding of how current issues with GP workforce are affecting those in the early, middle or later stages of their careers, and what the potential solutions might be. There is a short survey (which should take about 10 minutes to complete) available on this issue and the results will help to provide more evidence for the final report of the review. The closing date for responses is **December 3rd 2018**.

Take the survey at <https://www.surveymonkey.co.uk/r/MHVW5GP>

LMC Survey 2018 Results

Thanks to all GPs and Practice Managers who completed our LMC Constituent Survey in September. We have now published a [briefing](#) giving a summary of the results which gives an overview of our constituents' views on the LMC.

We're pleased to report that the results were overall very positive, with large percentages of people feeling that the LMC is effective in representing their views and in responding to enquiries. The survey was also really helpful to us in highlighting which elements of our work people would like us to prioritise in the year ahead, and the briefing outlines how we will do this.

We really value feedback on our services and the survey is one of the key methods we use to find out how people think we are performing, so once again thank you to all those who responded.

[Download the LMC survey briefing.](#)



GENERAL NEWS

New Chief Executive at Humberside LMCs




We are pleased to announce the appointment of Simon Barrett as our new Chief Executive for The Humberside Group of LMCs. Simon comes from a commercial background, with more recent NHS experience as a Director in the acute sector.

Simon joins the secretariat at the Willerby offices on 1st February 2019 and commented “I am very much looking forward to leading the team forward to support the difficult challenges which GPs continue to face. GPs in our region encounter daily workload, workforce and funding problems and our emphasis will continue to focus on supporting and representing our constituents in these areas.”

LMC Annual Report 2017/18 Published – View Online

Humberside Group of LMCs has published its annual report covering the period April 2017 to March 2018.

Included in this year’s report are:

- Overview of the year from our joint chairs
 - Summary of our 2017 LMC constituent survey results
 - Details of how we supported practices with advice, representation and support
 - Links to resources and downloads from our events
 - The LMC archive - an insight into the work of the LMC based on archive
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documents from the 1950s and 1960s

This year decided to do something a bit different with the annual report and have made it available as an online digital publication rather than a printed document.

[View our annual report online](#)

Prospect Article Focuses on Bridlington

Prospect has featured an article which focusses on the longstanding difficulties facing practices in Bridlington. The piece goes on to provide a detailed examination of the issues facing general practice across the country and is well worth a read.

Read the article [here](#).

Scunthorpe Practice Wins Top Health Award


The Birches Medical Practice in Scunthorpe has been named as 'GP Practice of the Year' at The Lincolnshire Health Awards. The awards were held in partnership with Lincolnshire's NHS on November 20 at the Doubletree by Hilton Hotel in Lincoln.

The GP Practice of the Year Award recognises a team that has had the largest positive impact on improving patient care in their GP practice.

Judges praised The Birches for its efforts to help homeless people in the town centre of Scunthorpe. The practice has started opening up the shower facilities between 10am and 12pm on weekdays under the supervision of its practice chaplain.

The practice provides shower gel, a toothbrush and a new pair of socks - there are also towels that have been donated by a local charity. The practice then looks to register them if they do not have a GP.

Darryl Southern, Practice Manager at The Birches Medical Practice, said: "We are absolutely delighted to take away this prestigious award. To be named as GP Practice of the Year across the whole of Greater Lincolnshire is testament to the hard work and dedication of our wonderful team at The Birches."



Geoff Day, Director of Primary Care at NHS North Lincolnshire Clinical Commissioning Group (CCG), said: “We were thrilled that two of our GP practices were shortlisted for Practice of the Year. The Birches winning the award is the icing on the cake and we are extremely proud of the vital work they are doing to support the homeless community in Scunthorpe.”

Scunthorpe’s Trent View Medical Practice was shortlisted in the GP Practice of the Year category and was recognised for its efforts to improve end-of-life care for local people.



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