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## TRAINING, EVENTS & OPPORTUNITIES

### Save the Date – GP Contract Roadshow

Tuesday 5<sup>th</sup> March, 18:30-21:00  
Lazaat, Cottingham

We are delighted to report that this year we will again be hosting a GP Contract Roadshow event to present the outcome of this year's contract negotiations.

Organised in partnership with the BMA's General Practitioners Committee (GPC), the roadshow is an opportunity for GPs and Practice Managers in Hull, East Yorkshire, North Lincolnshire and North East Lincolnshire to find out more about the annual GP contract negotiations including changes to the contract for 2019-20.

We will soon be circulating details of how to book for the event but for now please make a note in your calendars.

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### Immunisations and Vaccinations Training 2019

LMC Annual Update Training for Practice Nurses and Health Care Assistants



Following the success of the 2018 LMC Immunisation and Vaccination Annual Half-Day Refresher Training, we are happy to announce that bookings are now being taken for the 2019 training.

We have arranged separate courses for Practice Nurses and Healthcare Support Workers/Healthcare Assistants, with dates running from June to October 2019. **Courses**



are filling up quickly so please don't hesitate to make your booking.

Bookings can be made online and payment of £65.00 per delegate is required at the time of booking. Visit the [LMC Events page](#) for course information, terms and conditions and online booking.

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## Practical Diploma in Primary Care Mental Health

This is a flexible course with different options for attendance in London or Manchester, or via a rolling programme of webinars. The programme is RCGP accredited, offering practical skills that work in a ten minute consultation. The course can be completed in CPD time and you can gain 50 hours CPD credits over two years.

The course covers the spectrum of mental health, wellbeing, dual diagnosis, addiction and learning disability across the life course. Further details can be found on the [course information leaflet](#) or at <https://www.mentalhealthdiplomas.com/>

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## English and Maths Functional Skills Qualifications

Health Education England have arranged for free delivery of English and Maths skills qualifications via JM1Qual. The training provides a flexible approach to obtaining functional skills qualifications for healthcare support staff.

English and Maths skills can be a barrier for NHS staff applying for higher and degree level apprenticeships and the programme aims to support progression to higher levels of study. Learning is completed online and there are monthly intakes throughout the year. Further details can be found on the [information flyer](#), including a link to register interest in the programme.

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## RCGP CPD Courses and Events 2019

The RCGP's Humber and Ridings Faculty have published their schedule of training and events for the year ahead. A wide variety of one day and two day learning opportunities are available across the Yorkshire and Humber region up to October. View the training schedule, which includes pricing information and links to online booking, [here](#).

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## Lifestyle Medicine for Clinicians – Online CPD Course

This online course includes video presentations of the speakers at the conference, as well as a workbook with additional notes, and further content which was not covered at the recent conference organised by [Inspired Medics](#).

In this digital course you will:

- Understand the evidence of how lifestyle interventions can transform chronic disease management for your patients and give you more job satisfaction
- Gain 7.5 CPD hours of education on Lifestyle Medicine in both written and video form
- Gain 3 CPD credits towards the International Board Certification Diploma accredited by the British Society of Lifestyle Medicine

Full details can be found at <https://www.inspiredmedics.co.uk/lifestylemedicinecourse>.

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## Your Opportunity to Inspire Our Future GP Workforce

Could your practice host a young person in secondary or further education on a work placement for four weeks during the school summer holidays?

Career Ready are looking to place 40 students aged 16-18 from the Yorkshire and Humber area in NHS work placements in July and August 2019, including students based at a school in the East Riding.


### What does it involve?

1. Prepare a meaningful project before 31 May 2019 that will benefit both your student and your practice with Career Ready Internships for 16 – 18 year olds.
2. Host your student to undertake your agreed project for four weeks between 2 July and 18 August 2019.

A wealth of information is available to support you and your practice from the planning stage right through to the end of the placement.

For more details on the project visit [careerready.org.uk](http://careerready.org.uk). For some additional, useful information to help you plan your work placement in General Practice email [humberSide.lmcgroup@nhs.net](mailto:humberSide.lmcgroup@nhs.net).

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## Cervical Screening Assessor Training

Are you or one of the nurses in your practice interested in becoming a sample taker assessor?

*Current NHS Cervical Screening Guidance (November 2016) states:*

*Assessors must be a registered nurse, doctor or physician associate. Assessors should have effective teaching and communication skills and ideally hold a relevant mentoring and/or teaching qualification. They must:*

- *be practising sample takers with a green RAG rating*
- *have had 12 months' continuous experience following completion of initial training*
- *have undertaken a minimum of 50 samples following completion of initial training*

Funding has been secured to support backfill costs to practices for the release of nurses to fulfil the assessor role. The commitment would be 17.5 hours per student, consisting of 7.5 hours for an initial training visit, 7.5 hours for a final assessment visit, and 2.5 hour admin. An initial training session for assessors and to support assessors with queries is arranged:

Initial Assessor training will be available on:

Wed 30<sup>th</sup> January, 14.00-16.00,

Wilberforce LR13 (62), The University of Hull, HU6 7RX

Nurses keen to be a cervical screening assessors are required to complete the application form, and return it to [training@haxbygroup.co.uk](mailto:training@haxbygroup.co.uk) and confirm your attendance at the initial assessor training. If you are unable to make the session on the 30<sup>th</sup> Jan please email [training@haxbygroup.co.uk](mailto:training@haxbygroup.co.uk) as if potential assessors can't make this date then a further date is being looked at for late February.

There will be two cohorts for the Theoretical Training for New Cervical Sample Takers, with the course scheduled to run on February 27<sup>th</sup> & 28<sup>th</sup> and in September (dates TBC) – further details will be confirmed in due course.

Details on how to apply for someone to enrol on the course will follow once details have been arranged with the University of Hull.

[Application form for new Cervical Sample Taker Training](#)

[Application form for Entry to the Cervical Screening Assessor Register for Humber,](#)

[Coast and Vale.](#)

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## HYMS CPD Courses

HYMS are now taking bookings for the following courses in our region:

### Headache Made a Little Easier - Wednesday 13<sup>th</sup> February 2019 at The Piazza, University of York

This half day course, facilitated by local headache specialist Dr Manuela Fontebasso, will consider all aspects of headache in primary care with the aim of increasing clinician confidence. There will be advice on diagnosis and management, review of current NICE/BASH guidance as well as the opportunity to discuss challenging cases.

### Palliative Care in General Practice: Principles and Practicalities - Wednesday 20<sup>th</sup> March and Wednesday 10<sup>th</sup> April 2019 at St Catherine's Hospice, Scarborough

This comprehensive two day workshop is aimed at GPs, GP Registrars and other senior clinicians working in primary care who are looking to increase their skills and confidence in managing palliative care patients. Now in its sixth year with consistently excellent feedback, each day complements the other although both are suitable as stand-alone study days. The course maps to the RCGP curriculum and will provide detailed information on the MDT and other support agencies available. It will include facilitated small group work and case studies with the opportunity to refine skills between the study days and bring cases for reflection.

### The GP Update course - Saturday 23<sup>rd</sup> March 2019 at the Allam Lecture Theatre, Hull University

Now in its sixth year, HYMS will be hosting the RCGP-accredited GP Update course on Saturday 23<sup>rd</sup> March 2019. This will take place at the Allam Lecture Theatre in the Derwent Building between 10am and 4pm. **This event is being generously supported by Hull, East Riding, North Lincs and North East Lincs CCGs meaning that primary care clinicians based in these areas can attend at a greatly reduced delegate rate of only £65.** Clinicians from other CCG areas are welcome to attend at the standard rate which is still considerably less than the equivalent national course (more details on the website or contact Jackie Houlton on the email address below). The fee also includes 12 month's access to the GP Update online resources.

### An Introduction to Mindfulness - Wednesday 27<sup>th</sup> 2019 March at Hollies Park, Weetwood, between Headingley and Adel, Leeds

In recent years, mindfulness practice has been increasingly employed to alleviate a variety of mental and physical conditions. There is an increasing evidence base for its benefits. This 1 day course, facilitated by a Clinical Psychologist, CBT Therapist and mindfulness teacher is specifically designed for primary care health professionals who wish to use mindfulness for their own personal benefit and to raise awareness of it as a potential support for patients.

### The Nurse Update Course - Saturday 6th April 2019 at the Allam Medical Building, Hull University

Following the success of the local GP Update events, HYMS is proud to be hosting a second Red Whale Update course for Primary Care Nurses, to be held in the new Allam Medical Building, opened by Her Majesty the Queen. The course includes lunch, a fully referenced book and 12 month's access to the online version of the book. **Due to generous funding from Hull CCG, North Lincs CCG, North East Lincs CCG and East Riding CCG (all East Riding CCG subsidised places have now been taken) the event will be available to local primary care nurses and allied advanced practitioners at the greatly reduced price of £40. Places at the reduced rate are limited so please book early to avoid disappointment.** Non-subsidised delegates can book at a rate of £150 which is still considerably less than the equivalent nationally available course.

Booking and registration is via the following link:

<https://store.york.ac.uk/product-catalogue/hull-york-medical-school/hyms-short-courses>

Alternatively please contact Jackie Houlton via email: [jackie.houlton@hyms.ac.uk](mailto:jackie.houlton@hyms.ac.uk).  
Places on all courses are limited so please book early.


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## Introducing the Nursing Associate to General Practice Workshops

Friday 15th February 2019, 09:00-12:00 or 13:00-15:30  
Suite 22, Castle Hill Hospital, Cottingham HU16 5JQ

Wednesday 20<sup>th</sup> February 2019, 10:00-12:30 or 13:30-16:00  
Don Valley House, Savile Street East, Sheffield S4 7UQ

Monday 25<sup>th</sup> February 2019, 10:00-12:30 or 13:30-16:00  
Discussion Room 1, Huddersfield Royal Infirmary, Acre Street, Huddersfield HD3 3EA





These workshops, organised by Health Education England, will help practices to increase their knowledge around the role of the Nursing Associate, including the programme details and how this role can support their teams and future workforce requirements.

There is an opportunity to learn more, discuss how the programme has been delivered in Primary Care and the next steps for recruitment locally. Complete and return the booking form for the workshop you would like to attend.

More details on the Nursing Associate role can be found in the FAQ documents – see below.

[Booking form - Cottingham Workshop](#)

[Booking form - Sheffield Workshop](#)

[Booking form - Huddersfield Workshop](#)

[Nursing Associate FAQs for Employers](#)

[Nursing Associate FAQs for Trainee Nursing Associate Mentors](#)

## PRACTICE MANAGEMENT

### New e-RS Guidance for GPs

New [e-Referral Service \(e-RS\) guidance](#) has been launched for GPs to ensure that they get the most out of the service. The guidance has been developed jointly by NHS Digital, NHS England and the BMA GP committee.

The guidance includes advice to GPs on encouraging patients to look after their own bookings and appointments through the [Manage Your Referral website](#). This means patients will be able to manage their appointments 24/7, allowing them to check, cancel or change their bookings around the clock.

Dr Farah Jameel, BMA GP committee executive team IT lead, said: “The e-Referral Service, when used effectively, can be beneficial not only for patients, by giving them more control over their healthcare pathway, but also for GPs and the wider NHS by streamlining the whole referral process and offering a consistent approach across the health service.

“The guidance we developed with NHS England supports practices in outlining a number of ways they can use e-RS to improve patient experience, as well as addressing some of the issues raised by our members.”

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## Message Regarding Data Extraction

Practices may have received a communication from Biobank and RCGP about data extraction for health research. GPs (GP practices) as data controllers have responsibilities to ensure processing remains transparent whenever there is a change in data sharing arrangements. GPC are aware of this, are in the process of clarifying with the ICO if this places any additional responsibilities on practices, and are hoping to be able to offer definitive advice soon. In the meantime, their recommendation is that practices do not agree to data sharing under this scheme unless they are clear that they have fully complied with their GDPR responsibilities.

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## General Practice Jobs – Your Practice Supporting Local Recruitment



Back in September 2017 the LMC launched a recruitment website for Humber, Coast and Vale – [General Practice Jobs](http://www.generalpracticejobs.org.uk). The aim is to support the recruitment of GPs and practice staff to our local area.

This was the first time the LMC had done anything on this scale to support local practices with recruitment and initial feedback was positive:

*“This looks great! Hopefully this will attract more health care professionals to the region.”*

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*“Wow, really impressive!”*

*“A fantastic initiative. I have been checking the pages at intervals and it is great to see the site now populated with live jobs.”*

The website allows you as local practices to promote your vacancies to the right people and make your jobs as appealing as possible, and it needs practices’ support to become the ‘go to’ place for practice vacancies in the region.

The website is [active](#) and ready for you to use to [post your vacancies](#) for 2019. If you need any help using the site please don’t hesitate to contact us. We hope you will find this a useful resource!

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## Communication from Humber NHS Foundation Trust Regarding Emailing Letters

HTFT’s Clinical Systems Team have asked us to bring this message to the attention of practices:


*As has been previously communicated, Humber Teaching NHS Foundation Trust are now using Lorenzo, their electronic patient record to transmit Mental Health letters to GP practices.*

*This communication is to confirm that following the completion of the dual running period Mental Health letters will now no longer be posted or sent via fax therefore you will only receive them in to the email mailbox which you or the CCG has supplied to HTFT to use for this purpose.*

*It is therefore extremely important that these mailboxes are checked daily and that you inform us of any issues or if you change your email address for any reason. If this happens or you have any queries then please contact us via email to [hnf-tr.humberepr@nhs.net](mailto:hnf-tr.humberepr@nhs.net)*

*We have a system to monitor these communications which we do on a daily basis and HTFT services and/or GP practices will be informed of any emails which fail for any reason. We have also telephoned every practice to check that the email address we have is correct and that you are aware that correspondence is being*

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*sent this way.*

*HTFT Clinical Systems Team*

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## **EMIS Issue Affecting Automatic Document Configuration**

It has come to light that an EMIS practice in North Yorkshire has discovered a serious problem affecting the flow of electronic documents. However, you are only affected if you have the 'Inbound Document Tasks' option set to "Create both Coding and Filing Tasks."

Due to a 'bug' within the EMIS system currently, the implication of this particular configuration is that when an inbound MIG document is received, it only creates a coding task for the document, meaning GPs will not see it. A workaround provided by EMIS is to either "action the document from the Awaiting Coding Task" or "change the Inbound Document Task setting to "create a Filing Task only."

The practice is working with EMIS on this problem and endeavouring to ensure that EMIS makes all practices aware of it. However, in the meantime, we wanted you to be aware of this issue so that if you think this might be a problem for your Practice, you are able to alert EMIS now rather than waiting for a communication from them.

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## **Message from the Coroner's Office Hull and East Riding**


We have been asked to circulate this message:

*The Coroner's Office in the Hull and East Riding area uses the CIVICA database to record all reported deaths and subsequent data relating to the cases.*

*In a continued effort to become more automated in terms of electronic messaging, as from 29 January 2019 outstanding reports requested by the Coroner will be chased by generic E-mail. This will obviously involve General Practitioners as well as other agencies.*

*The E-mail is rather formulaic in nature but this is to make all General Practitioners in the area aware that this is happening and that it is a genuine formal communication from the Coroner's Office.*

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*We have contacted all the Surgeries on our database and obtained E-mail addresses to update the records accordingly.*

*It is unusual to have an outstanding GP report requested by this office; almost all General Practitioners submit their reports well before the requested date, so again this is just to keep you updated as to what is happening and for you to be able to recognize the E-mail if one arrives.*

*If you have any further queries in relation to this please contact the Coroner's Office directly at [coronersoffice@hullcc.gov.uk](mailto:coronersoffice@hullcc.gov.uk).*

*Thank you for your help in this matter.*

## GUIDANCE & RESOURCES

### New Mental Health Support for Mothers

A [new set of mental health leaflets](#) offer support for mothers, their families, and the people that care for them. The eight leaflets cover a broad range of topics including postnatal depression, postpartum psychosis and perinatal obsessive-compulsive disorder (OCD), and the use of lithium and antipsychotics in pregnancy and breastfeeding. They offer advice and signposts to promote better understanding and support people in making decisions about perinatal mental health issues.


The leaflets have been written jointly by perinatal psychiatrists, women with lived experience of perinatal mental illness, and their partners. They have been delivered in partnership by Royal College of Psychiatrists, NHS England and Health Education England.

Access full details and ordering information [here](#).

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### Ethics Guidance – Nutrition and Hydration for Patients Who Lack Capacity

The BMA Ethics team has published new guidance, Clinically-assisted nutrition and hydration (CANH) and adults who lack the capacity to consent: guidance for decision-



making in England and Wales.

The guidance has been prepared in response to a number of legal developments which have altered how these decisions should be made. It provides the most up-to-date statement of legal and professional obligations; sets out the decision-making process that should be followed; and provides practical guidance on approaching best interests assessments and second opinions. Access the guidance as well as further information and various training resources at [www.bma.org.uk/CANH](http://www.bma.org.uk/CANH). A leaflet *Five Things GPs Need to Know* can be downloaded [here](#).

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## Guides to Support Health and Wellbeing of Older People and Carers

New guides have been launched to help older people to stay fit and well throughout the colder months. The NHS [Healthy Caring](#) and [Healthy Ageing](#) guides can help people to look after their health and wellbeing providing practical plain English advice and signposting to support older people and carers about staying healthy, fit and independent.

## CONSULTATIONS

### East Riding of Yorkshire CCG Consultation – Shared Care Record & Changes to End of Life Pathway

The LMC has received a request from East Riding of Yorkshire CCG for a GP view on how shared records can be improved.

As part of the Local Health Care Record Exemplar (LCHRE) work for Yorkshire and Humber, East Riding of Yorkshire CCG is exploring how to improve shared records. The initial focus will be on palliative care as this generally involves a number of clinicians in delivering patient care and the feeling is that if this could be improved then it would be a great starting point to inform the development for wider shared records.

Eventually the plan is that LCHRE will develop interoperability across systems. However, at present the best way of sharing information across is through the Summary Care Record. The CCG is keen to hear from GPs what could be improved in regards to -

1) How is information relating to patient wishes about end of life communicated

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currently communicated to GPs?

2) From the GP's perspective how could this communication be improved to ensure the summary care record can be updated?

Please send any responses to the consultation to [Paul.laing@nhs.net](mailto:Paul.laing@nhs.net). Thank your support with this matter.

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## Physician Associate Programme Survey

Health Education England (HEE) are evaluating their Physician Associate (PA) preceptorship programme for primary care, through three surveys (pre preceptorship programme, mid and post to be completed by the PA, clinical supervisor and practice manager). Upon completing the three evaluation surveys HEE plan to evaluate the effectiveness of this initiative and the preceptorship programme itself.

Please share your thoughts if you have a PA training in your practice. The final two surveys will be circulated by HEE at a later date. Access the survey [here](#).

## GENERAL NEWS

### Motions for the UK LMC Conference

The LMC has submitted eight motions for consideration at the 2019 UK LMC Conference, taking on board the views of GPs in the Humber region.

The motions reflect the issues GPs on the LMC committee have highlighted and cover areas including IT solutions in the NHS, services for Trans and non-binary people undergoing gender transition, institutionalised racism in the NHS, and the work of Local Performance Advisory Groups (PAGs).

We look forward to seeing which motions make the final agenda at the conference, which takes place in Belfast in March. A delegation from the LMC will be attending the event.

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### GP Partnership Review Publishes Final Recommendations





Dr Nigel Watson meeting Humber region GPs in July 2018

The final report of the GP Partnership Review, led by Dr Nigel Watson of Wessex LMCs, has been published with recommendations in seven key areas to revive the partnership model.

The recommendations, formed after visits to practices, meetings and consultation responses over the past eight months, call for reduced risk for partners, greater GP and practice staff numbers, and an expansion in the range of services available in and around general practice.

Key recommendations from the report:

1. There are significant opportunities that should be taken forward to reduce the personal risk and unlimited liability currently associated with GP partnerships.
2. The number of general practitioners who work in practices, and in roles that support the delivery of direct patient care, should be increased and funded.
3. The capacity and range of healthcare professionals available to support patients in the community should be increased, through services embedded in partnership with general practice.
4. Medical training should be refocused to increase the time spent in general practice, to develop a better understanding of the strengths and opportunities of primary care partnerships and how they fit into the wider health system.



5. Primary Care Networks (PCNs) should be established and should operate in a way that makes constituent practices more sustainable and enables partners to address workload and safe working capacity, while continuing to support continuity of high quality, personalised, holistic care.

6. General practice must have a strong, consistent and fully representative voice at system level.

7. There are opportunities that should be taken to enable practices to use resources more efficiently by ensuring access to both essential IT equipment and innovative digital services.

The review concludes that 'significant additional resources are required, which must go to the practices and localities that develop services and the workforce needed to manage demand.'

'Doing nothing cannot be an option. The consequences would be clear - the widening of health inequalities, with areas of the country where general practice will struggle to continue, the inevitable rise in pressure and costs in the rest of the health and care system, worsening clinical outcomes, and falling patient trust in the NHS.'


The report has been sent to the Government and NHS England for response. The LMC will be monitoring developments closely.

A useful summary of each of the recommendations can be found at [GP Online](#). A number of short videos outlining different aspects of the report can be viewed via the [Wessex LMCs website](#). Download the full report and other documents concerning the review from [Gov.uk](#).

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## NHS Long Term Plan

NHS England has launched its [long-term plan for the NHS](#) which sets out its vision for the future direction of the NHS. The plan lays out ambitious aims for the health service linked to an expansion in digital services and a focus on preventive care. The previously announced £3.5bn for primary medical care and community services has been increased to £4.5bn. There is also an important commitment to increase the proportion of NHS investment spent on primary medical and community services.



As part of a set of multi-year contract changes individual practices in a local area will enter into a network contract, as an extension of their current contract, and have a designated single fund through which all network resources will flow.

The plan highlights a range of digital goals related to general practice, including a commitment to enable all practices to do video consultations, to offer more online booking and online repeat prescribing ordering. Whilst patients will continue to be able to choose to be registered with digital-first providers, the plan outlines that steps will be taken to address the financial issues related to this as well as committing to review the out of area registration arrangement.

The GPC have prepared a two-page briefing [NHS Long Term Plan - impact on general practice](#) which summarises the contents of the plan.

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## **GPC Regional Representative Elections**

Nominations are now open for GPC regional representatives for the 2019-2022 sessions. Representatives will be elected for a number of areas, including the East Yorkshire, North Lincolnshire and Lincolnshire region.

To find out more, including an election pack with the eligibility criteria and election timetable, click [here](#). Nominations will remain open until 12pm Monday 4 February.



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