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Items marked \* in orange on the content list are highlighted either because of their importance or because they contain information you may not have seen elsewhere.

## INSPECTION

### CQC Reimbursement – Reminder

Since 2016, practices have been able to have CQC fees reimbursed in full by their commissioner. This entitlement is something we would urge all practices to claim. Please contact your CCG for the local procedure on how to reclaim.

## TRAINING, EVENTS & OPPORTUNITIES

### GP Contract Roadshow



The poster features a portrait of Dr. Krishna Kasaraneni on the left. To the right is the Humbertside LMCs logo and event details. The text includes the event title, a description of the opportunity for GPs and practice managers, the speaker's name and affiliation, the time (7:00pm-9:00pm) and food service time (6:30pm), the date (Tuesday March 5 2019), and the location (LAZAAT, COTTINGHAM). It also states that the event is free but booking is essential, and provides an online booking link.

**HUMBERSIDE  
LMCs**  
The professional voice of general practice

**GP Contract Roadshow**

An opportunity for GPs and practice managers to hear about the 2019/20 GP contract changes, with time for questions afterwards.

**Speaker:**  
Dr Krishna Kasaraneni, GPC Executive Team

7:00pm-9:00pm  
Food served from 6:30pm

**Tuesday March 5 2019**

**LAZAAT, COTTINGHAM**

This is a **FREE** event but **booking is essential.**  
Book online at:  
<https://www.fourteenfish.com/events/8527>

Tuesday 5<sup>th</sup> March 2019, 19:00-21:00 (food from 18:30)  
Lazaat, Cottingham

We have had an excellent response to this year's roadshow event which has now reached its capacity for bookings. Anyone who registers via the online [booking link](#) now will be placed on the waiting list. *If you have booked but can no longer attend please let us know so your place can be allocated to someone on the waiting list.*

### HEAT Awards

Health Education England have launched this year's HEAT (healthcare education and training) awards which celebrate the importance education, training, leadership and

workforce planning play in the NHS. Organisers are seeking individuals and teams who deserve recognition for their contributions in these fields.

Nominations are open until 5 April 2019 for categories including Inspirational Leader of the Year; Inspirational Trainee; and Inspiring Place to Work and Train. Full details can be found on the [HEE website](#) and an awards briefing can be downloaded [here](#).

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## Nurse Update Course 2019

Saturday 6th April 2019

Allam Medical Building, Hull University

Please share this opportunity with practice nurses. HYMS is hosting a second Red Whale Update course for Primary Care Nurses. The course includes lunch, a fully referenced book and 12 month's access to the online version of the book. **Due to generous funding from Hull CCG, North Lincs CCG, North East Lincs CCG and East Riding CCG (all East Riding CCG subsidised places have now been taken) the event will be available to local primary care nurses and allied advanced practitioners at the greatly reduced price of £40. Places at the reduced rate are limited so please book early to avoid disappointment.** Non-subsidised delegates can book at a rate of £150 which is still considerably less than the equivalent nationally available course.

Booking and registration is via the following link:

<https://store.york.ac.uk/product-catalogue/hull-york-medical-school/hyms-short-courses>

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## Online Training for Practice Managers Funded by NHS England

The following courses are now available through the [Practice Index eLearning HUB](#):

- 1) Leadership styles and approaches
- 2) Managing yourself
- 3) Managing others
- 4) Having difficult conversations

Practice Managers need to go to [the Hub](#) and create an account. You can then access the funded training for free. The aim of the [free online leadership and management courses](#) is to improve leadership skills by increasing confidence, competence and



motivation. You can watch a short video on how the Hub works [here](#).

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## Resilience Training for GPs

This training is being provided via the RCGP in the North West with the aim of teaching coping strategies, introducing mindfulness and meditation, and exploring practical skills for delegates to create their own bespoke resilience toolkit. The course is delivered by a GP and Physiotherapist with Hypnotherapy N.L.P. CBT and psychotherapy qualifications.

Full details can be found on the [RCGP website](#).

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## Immunisation Training for New Immunisers

Tuesday 28<sup>th</sup> and 29<sup>th</sup> May 2019, 09:30-16:00.

Brynmoor Jones Library, Teaching Room 2, University of Hull HU6 7RX

This free training is offered based on the Core Curriculum developed by the Health Protection Agency. The training is suitable for those practitioners, registered and unregistered, who are involved in advising on matters concerning vaccination and also for those who administer vaccinations. The 2-day basic training is for those new to Immunisation who have never attended basic training previously.

For further information and online booking visit [the University of Hull website](#).

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## Haxby Training Diary 2019

Haxby have published their new training diary for the year ahead, with dates from March to October for a number of opportunities including Immunisation Updates, Basic Wound Care, and Motivational Interviewing.

[Download the training diary](#).

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## Degree Apprenticeships in Occupational Therapy and Physiotherapy

This opportunity is from Sheffield Hallam University with an April 2019 start. The course duration is 30 months, delivered through block attendance at the university with

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placements in other settings.

Full details on delivery, applications, costs, and entry requirements can be found on the [key information document](#).

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## General Practice Transformation Champions Conference

Thursday 28<sup>th</sup> March 2019, 09:30-15:30

Novotel London West, London W6 8DR

This free conference, organised by NHS England, is aimed at those involved in leading improvement and transformation in general practice and provides a packed day of practical insights into how practices and networks around England are sustaining and transforming general practice. Attendees will hear about:

- Transforming Primary Care through the development of Primary Care Networks
- How new roles and ways of working are helping General Practice workload
- Time for Care and the broad impact of the programme including released time
- Coaching programmes and the benefits gained

Full details and booking at the [NHS England website](#). You can also view and download [materials from previous events](#).

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## Primary Care Networks Regional Engagement Events

NHS England is hosting a second series of PCN regional events, focussing on how they can change the way that services are delivered at a local level to benefit communities. The events will provide an update on the national PCN programme in the context of the NHS Long Term Plan, latest planning guidance and GP contract, and allow an opportunity to discuss local progress, including examples from areas already working as part of a network.

The events are aimed at a broad audience, including general practice and primary care providers, the voluntary sector, commissioners, local government, community and mental health services, social care, secondary care and the wider NHS. Register for your preferred date [here](#). The closest event to our region is in Leeds at the Met Hotel on 12<sup>th</sup> March from 12:30-16:30.



Our Medical Director Dr Krishna Kasaraneni, writing in his role as a GPC England Executive member, has written a [blog](#) about what practices should be considering with regards to the structures for Primary Care Networks. This follows on from his previous [blog](#) about PCNs. Further guidance and information relating to GP contract will be published in the coming weeks.

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## GP Forum Health Education Study Days

Ophthalmology, Wednesday 6<sup>th</sup> March, 11:30-16:30 and  
Haematology and Microbiology, Wednesday 5<sup>th</sup> June, 11:30-16:30  
Goodfellowship Inn meetings rooms, Cottingham Road, Hull HU5 4AT

These free education events for GPs and nurses are provided by GP Forum Health Education, with sessions led by specialist from Hull Royal Infirmary. Certificates of Attendance will be issued and the events will each carry three hours CPD.

[Download the course information and booking form.](#)

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## RCGP Life after VTS Conference 2019

Saturday 23<sup>rd</sup> March 2019, 09:30-16:30  
York Racecourse

This event, organised by the RCGP White Rose Faculties, is aimed at First5 GPs to help facilitate the smooth transition from VTS to life as a GP. It will include a range of speakers and an opportunity to network with your fellow First5s. The event is free to attend for RCGP members.

Full details on the [RCGP website](#).

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## Minor Surgery Skills Course

Friday 28<sup>th</sup> June 2019  
Newcastle Surgical Training Centre

This course is for GPs, GP trainees and Nurse Practitioners and is delivered by clinical



specialists from the teaching hospital. It is designed to build confidence and consolidate the skills of clinical specialists who regularly perform minor surgery.

Full details, cost and how to book can be found on the course [application form](#).

## PRACTICE MANAGEMENT

### EU Settlement Scheme

The [EU Settlement Scheme](#), which allows people to stay in the UK after the country leaves the EU, is now open and accepting applications. The Prime Minister has announced that the scheme is now free. From 30 March 2019 onwards, applicants won't have to pay for their application. Any application made before that date, including those that have already been made, will be reimbursed.

There are a number of [resources](#) available on the government website that you can download and use, so you can help your EU staff make an application. For this phase of the roll-out the application remains in digital format only, but the alternative application routes are due to open in the spring.

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### Falsified Medicines Directive

The Falsified Medicines Directive became effective on 9 February 2019. The Directive introduces tougher rules to ensure medicines are safe and that the trade in medicines is rigorously controlled. This will have an impact on all practices. The situation has been complicated by the possibility of a no-deal Brexit, in which case it is likely the directive would have to be implemented in a different form.

Our advice to practices is to prepare for implementation in order to demonstrate compliance by doing the following:

- Read the information about the directive 'Implementing the Falsified Medicines Directive: Safety Features' on the [government website](#).
- Start registration with [SerurMed](#), the UK Medicines Verification Organisation. Please note that when registering as a requester you will not be able to fully complete the registration process due to the lack of details of approved GP IT suppliers. Therefore you need to start the process and save the registration at this point, so that when the relevant information is available you can complete the

registration fully.

- Don't invest privately in IT connected to FMD until NHS funding is received.

We will provide further updates as more information becomes available.

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## Update on Flu Vaccines for 2019/20

NHS England has published an update on vaccines for 2019/20 seasonal flu vaccination programme. QIVe (18 to 64-year olds in clinical at-risk groups and other eligible groups, including frontline health and social care workers) and aTIV (65 years and over) remain recommended. In addition, QIVc (Flucelvax<sup>®</sup> Tetra), is now licensed for patients from the age of 9 and considered to be suitable for all patients eligible for QIVe and aTIV, meaning one vaccine instead of two. The high-dose trivalent vaccine (TIV-HD) has also been licensed **but will not be reimbursed by NHS England due to its high cost.** Practices should order the licensed vaccines (aTIV, QIVe and QIVc) for the 2019/20 season. Read the letter [here](#).

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## Brexit and Continuity of the Supply of Medicines

A [letter from Keith Ridge, Chief Pharmaceutical Officer](#), sent on behalf of the NHS, Department of Health and Social Care (DHSC) and partners for GPs, community pharmacists and hospital pharmacists outlines the steps taken to date to protect the continuity of supply for medicines in the event of a no-deal Brexit. Public facing messages are also available on [DHSC's website](#).

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## Indemnity Costs Update

The BMA have provided us with an update on discussions with the medical defence organisations regarding the likely indemnity costs for their membership offering after April and have asked us to share the following information:

- The MDOs are in the later stages of pricing the post-April product and are expected to announce this soon.
  - GPs are advised to remain members of one of the MDOs to ensure they have cover for GMC, criminal/coroners cases, private reports etc.
  - There will be a competitive market for this cover after April and this is likely to influence pricing decisions
  - Renewals falling due before April 1st are likely to be in line with current costs
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- All trainees will be covered for clinical negligence under the CNSGP scheme.
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## Reclassification of Gabapentin and Pregabalin

From 1 April 2019, gabapentin and pregabalin will be reclassified as Schedule 3 controlled drugs under the Misuse of Drugs Regulations 2001, and Class C of the Misuse of Drugs Act 1971. The Department of Health and Social Care has issued strong recommendations that the maximum quantity of Schedule 3 drugs prescribed should not exceed 30 days.

A full NHS England briefing note on the rescheduling of the drugs can be downloaded [here](#).

## GUIDANCE & RESOURCES

### GP Contract 2019 – Information and Resources

The LMC has published a one page summary of the key points in the new contract which you can download [here](#).

The BMA website has a number of useful resources and the GP Contract pages can be found [here](#). One of their new resources is guidance on access to booking and to appointments (5 pages) which can be found [here](#).

The full five year framework for GP contract reform to implement the NHS Long Term Plan (108 pages), published by NHS England and the BMA can be downloaded [here](#).

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### NHS Long Term Plan – New Resources

The audio, short summary and easy read version of The NHS Long Term Plan, as well as the full document, are now available on the [Resources page of the NHS Long Term Plan Hub](#)

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### Management of UTIs in Elderly Patients

Public Health England has developed a number of resources/tools for the treatment of

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UTIs in older adults including the [TARGET UTI leaflet](#) and [UTI diagnostics tool](#).

Health Education England has also commissioned an educational film, in collaboration with PHE's Primary Care Unit on the treatment of UTIs in older adults for all out of hospital health and social care workers, introducing resources that can be used to diagnose, manage and prevent UTIs in out of hospital settings. It also promotes 'To Dip or Not to Dip' that aims to improve the management of urinary tract infections in older people in nursing home care.

There are also links to educational and practical resources for health and care workers to share with patients and carers. The film and resources are available on the [e-LfH AMR site](#). There is also a recently launched HEE film available on [antimicrobial stewardship for GPs](#).

## CONSULTATIONS

### Healthwatch North Lincolnshire Survey

Every year Healthwatch North Lincolnshire undertake a survey to find out local people's views on health and care services. This year they are asking GP surgeries to help by printing a couple of surveys to display in their waiting areas along with the poster. The closing date for the surveys is the **15<sup>th</sup> March 2019**

For more information on the work of Healthwatch North Lincolnshire please see their website at: <https://www.healthwatchnorthlincolnshire.co.uk/>

[Healthwatch North Lincolnshire Survey](#)

[Healthwatch North Lincolnshire Survey Poster](#)

## GENERAL NEWS

### Implementation of the Medical Examiner System

From April 2019 a new medical examiner led system will begin to be rolled out within hospitals in England and Wales. The non-statutory system will introduce a new level of scrutiny whereby all deaths will be subject to either a medical examiner's scrutiny or a coroner's investigation. The government envisage that once the ME service is

established within a Trust, the system will then look to be extended to include deaths within the community.

Further information on implementation of the system is available on the BMA [website](#).

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## Important Information Regarding Pension Administration

Practices should have been advised in January of processes to follow for submitting completed end of year certificates. Once certificates have been processed PCSE will automatically adjust the next contractual payment run to account for the arrears or overpayments. No further action is required. If any member wishes to make a payment before the end of the 18/19 tax year they **must submit their end of year certificates first**.

As part of the requirements of the NHS Pension Scheme Regulations, GPs need to return their GP Provider Annual Certificate of Pensionable Income or the Type 2 Medical Practitioner Self-Assessment form to PCSE within 11 months of pension year end; i.e. **by 28 February**. [Read the full guidance from PCSE](#).

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## Paramedic Specialist in Primary and Urgent Care Framework

Skills for Health were commissioned last year by Health Education England to develop a new framework describing the advanced clinical practice required for a paramedic specialist in primary and urgent care. The document is now completed and can be downloaded [here](#).

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