

CONTENT

1. TRAINING, EVENTS & OPPORTUNITIES

[LMC Vacancy – Medical Director, Part-Time, 12 Month Contract](#)

[LMC Committee Vacancies](#)

[UK Meeting Centres Support Programme](#)

[Bid Writing Training](#)

[Survive and Thrive – Sessional GP Conference](#)

[Developing your NHS Apprenticeship with City & Guilds – NHS Employer Event](#)

[Paediatric Allergy Study Morning](#)

[Cervical Sample Taking Training](#)

[NHS Finance for General Practice](#)

2. CLINICAL ISSUES

[New NICE Patient Decision Aid](#)

[Supply Issue - Epanutin 50mg Infatabs](#)

3. PRACTICE MANAGEMENT

[Focus on the NHS App](#)

[Sign Up to Enhanced Services – Reminder](#)

[Wi-Fi Installation in Primary Care Premises - Update](#)

4. GUIDANCE & RESOURCES

[New Contractual Guidance and Ready-Reckoner](#)

[GP Contract Updates](#)

5. CONSULTATIONS

[NHS e-Referral Service \(e-RS\) – How has Implementation Gone?](#)

6. GENERAL NEWS

[A Message from Dr Krishna Kasaraneni, Medical Director](#)

[The Clinical Negligence Scheme](#)

[Perinatal Mental Health Campaign](#)

[New Online Exercise Resources for Patients with Osteoporosis](#)

Items marked * in orange on the content list are highlighted either because of their importance or because they contain information you may not have seen elsewhere.

TRAINING, EVENTS & OPPORTUNITIES

LMC Vacancy – Medical Director, Part-Time, 12 Month Contract

Are you a GP looking for a stimulating new opportunity to use your skills and experience? Have you considered an LMC role, supporting and representing your fellow GPs?

We are seeking a Medical Director to join our Senior Management Team.

You will play a key role in:

- Promoting general practice
- Informing, supporting and representing GPs and practices
- Liaising with a range of bodies on issues relevant to primary care including workload, funding and workforce development
- Helping to develop the emerging Primary Care Networks

The role is likely to suit a GP keen to pursue a new opportunity alongside clinical work.

Our contemporary offices in Willerby are easily commutable from South and West Yorkshire. The immediate locality offers great schools, beautiful countryside and competitively priced housing as well as interesting clinical opportunities. We offer an excellent working environment and a strong, supportive staff team.

The time commitment for this part-time role is negotiable but is likely to be around 7.5 hours per week. Salary is negotiable.

For full details including how to apply download the application pack.

[Application Pack: Medical Director \(pdf\)](#)

Closing date: Friday 7 June 2019 at 09:30.

LMC Committee Vacancies

Are you interested in a role championing general practice in our region? Would you like an opportunity to influence the local agenda in primary care?

We currently have two vacancies on our North and North East Lincolnshire LMC committee - one for a GP and one for a Practice Manager. The LMC is the representative professional organisation elected by GPs to represent all NHS GPs and practice teams on issues of local interest to general practice.

As a member of our committee you would be expected to:

- Attend LMC meetings - usually on the first Tuesday of the month from 7-9pm, currently held in Cottingham. Food is served before the meeting and there is an opportunity to catch up with colleagues.
- Represent the views of GPs - we ask members to listen to and seek the views of the GPs and practice teams in their constituency and bring them to the LMC.
- Read papers before meetings and come prepared to discuss the issues on the agenda.

Benefits of membership of the LMC committee include:

- Meeting a wider range of colleagues and sharing knowledge and experience.
- Staying well-informed and being part of an active and influential GP community. Meetings are regularly attended by CCG chairs.
- Continued learning and supporting information for your appraisal portfolio.

Our current vacancies in North and North East Lincolnshire:

North Lincolnshire Principals Constituency Seat - to be eligible for this you need to be a GP in North Lincolnshire.

[Download the LMC Committee Member Role Description \(pdf\)](#)

Practice Manager Observer Seat - to be eligible for this you need to be a Practice Manager in North Lincolnshire or North East Lincolnshire. Please note that Observers have speaking rights but are not able to vote at meetings.

[Download the LMC Observer Role Description \(pdf\)](#)

The roles are unpaid but travel expenses can be claimed.

If you are interested in either of these roles please contact Maddie Clifford-Roper, Business Support Officer via email humberSide.lmcgroup@nhs.net. If you would like to discuss either role please call 01482 655111.

UK Meeting Centres Support Programme

The National Meeting Centres Project is a big Lottery Funding Project let by University of Worcester which aims to help establish new meeting centres in different parts of the UK to work with their communities to support people and families directly affected by dementia.

The project is running a number of 'Pioneer' workshops across the UK during 2019 to help people think about and plan how a Meeting Centre might work in their community. The workshops cover:

- The background to Meeting Centres - history, principles and ethos including the adjusting to change approach.
- How to run a Community Engagement Event
- How to set up a Meeting Centre Planning Group of interested stakeholders.
- Creating an implementation plan

Forthcoming dates include:

- Newcastle - 26 September - to register click [here](#)
- Leeds - 1 October 2019 - to register click [here](#)
- Manchester - 15 October 2019 - venue TBC
- Doncaster - 5 November 2019 - to register click [here](#)

An information sheet about the workshops can be downloaded [here](#). You can find further details about the project on the website [here](#). The project team can be contacted via email meetingcentres@word.ac.uk

Bid Writing Training

NFP are running bid writing workshops for charities, not for profits and public sector organisations in Leeds with dates in June and September 2019. They offer a basic and an advanced course. Sessions cost £95 including booking fee.



Bid Writing: The Basics

09:00-11:30 on Friday 21 June 2019 or Friday 13 September 2019

Jurys Inn, Brewery Place, Leeds LS10 1NE

Do you know the most common reasons for rejection? Are you gathering the right evidence? Are you making the right arguments? Are you using the right terminology? Are your numbers right? Are you learning from rejections? Are you assembling the right documents? Do you know how to create a clear and concise standard funding bid? Suitable for people who intend to submit grant funding applications to charitable grant making trusts and foundations.

[Book for Friday 21 June](#)

[Book for Friday 13 September](#)

Bid Writing: Advanced

12:00-14:30 on Friday 21 June 2019 or Friday 13 September 2019

Jurys Inn, Brewery Place, Leeds LS10 1NE

Are you applying to the right trusts? Are you applying to enough trusts? Are you asking for the right amount of money? Are you applying in the right ways? Are your projects the most fundable projects? Are you carrying out trust fundraising in a professional way? Are you delegating enough work? Suitable for who intend to submit grant funding applications to charitable grant making trusts and foundations.

[Book for Friday 21 June](#)

[Book for Friday 13 September](#)

Survive and Thrive – Sessional GP Conference

Saturday 8th June 2019, 09:00-14:30

National Railway Museum - Corporate & Private Hire, Leeman Rd, York YO26 4XJ

The key-note speaker at this Medical Chambers Annual Conference is Dr Stephanie De Giorgio, Co-Founder of The Resilient GP. Break-out educational sessions will include topics such as perinatal mental health, MSK update and much more. Places at the conference cost £55 with lunch included.

Places can be booked [here](#).

Developing your NHS Apprenticeship with City & Guilds – NHS Employer Event

Wednesday 19 June 2019, 10:00-16:30

City & Guilds, 4 Red Hall Court, Paragon Business Park, Wakefield WF1 2UN

An event for Apprenticeship Managers, Talent for Care Leads, Learning & Development Managers or those in a related role.

This event is aimed at NHS employers and will be introduced by David Philips, Executive Director, Market Strategy, Products and Services for City & Guilds | Digitalme | ILM and supported by Fay Lane, Apprenticeship Relationship Manager, Health Education England.

Included in the agenda is input from across City & Guilds covering funding, digital solutions, information from industry experts regarding a range of apprenticeship standards and different ways of working with City & Guilds. Refreshments and lunch will be provided.

Please return booking forms no later than **Monday 10 June 2019**. Please return forms to geraldine.donworth@cityandguilds.com.

[Download the event agenda.](#)

[Download the event booking form.](#)

Paediatric Allergy Study Morning

Saturday 8 June 2019, 09:30 start time.

The Village Hotel Hull, Henry Boot Way, Priory Park, Hessle, HU4 7DY

This free educational morning has been arranged specifically for local primary care health care professionals who have an interest in respiratory medicine & allergy. The agenda includes:

‘The Truth about Asthma’ – Dr Mary Barraclough will cover the following learning objectives with relevance to primary care:

- BTS / SiGN on NICE Guidelines
 - The Burden of Asthma
- 

- Atopy & Allergy

‘The Truth about Food Allergy’ – Dr Vikas Gupta, Paediatrician HEY, will cover the following learning objectives with relevance to primary care:

- Allergy burden in Primary Care
- Food Allergy
- Testing / touching on components
- Nut allergy – indication for adrenalin auto injector prescriptions

An e-certificate of attendance will be issued to all delegates to assist with CPD requirements. Contact Ellie to book a place via email ellieholmes@wpem.co.uk or telephone 07899 753784.

Cervical Sample Taking Training

Monday 9th – Tuesday 10th September 2019, 09:00-16:30

University of Hull

This course provides theoretical training for new cervical sample takers involved in the NHS Cervical Screening Programme based on the guidance developed by Public Health England. The aim of the training is to provide practitioners with the latest evidence based knowledge to be able to confidently advise on, and undertake cervical samples.

The training is suitable for Practice Nurses and course places are fully funded by NHS England. Applications need to be made on the course application form and returned to training@haxbygroup.co.uk by 12th August 2019.

For informal discussions on Cervical Sample Taking please contact Yvonne Wilkinson, University of Hull, tel: 01482 464523, email: Y.M.Wilkinson@hull.ac.uk or Deb Smith, Haxby Group Training, tel: 01482 303949, email: debra.smith8@nhs.net.

[Download the course application form](#) (Word)

NHS Finance for General Practice

Friday 14th June 2019, 10:00-15:00

Park Plaza Hotel, Leeds

An event for general practice colleagues who are involved in finance and want to learn more about how NHS finance works in England. Delegates will have the opportunity to attend practical workshops on finance processes, enabling them to take learning back to their organisations. They will also be able to get involved in interactive and discussion-led sessions throughout the day.

Further information and online registration at

<https://www.futurefocusedfinance.nhs.uk/event/nhs-finance-general-practice-leeds>

CLINICAL ISSUES

New NICE Patient Decision Aid

Research shows a third of people with asthma are not using their inhalers correctly and not managing symptoms as well as they could be. The [NHS Long Term Plan](#) sets out an ambition to tackle this, and the new [Patient decision aid - Inhalers for asthma](#) from NICE supports this.

The decision aid is designed to help those with asthma and their healthcare professional discuss the different inhaler devices available and which one is right for them.

Supply Issue - Epanutin 50mg Infatabs

Please see the following update from the Department of Health and Social Care on an impending supply issue with Epanutin 50mg Infatabs:

Pfizer, the sole supplier of Epanutin (phenytoin base 50mg) Infatabs have experienced global delays in the manufacturing of this product. As a result, they are anticipating an imminent gap in supply until early November 2019 when their next batch arrives. Pfizer has issued the attached letter with detailed information on the issue and management plan.

The MHRA has classified phenytoin as a Category 1 antiepileptic drug. In the event that



you need to prescribe a product from a different manufacturer then this must be carefully managed and increased monitoring of the patient may be required as clinically relevant differences between different manufacturers' products might occur. Pfizer have been able to secure supplies of a Canadian phenytoin base Infatabs (Dilantin 50mg Infatabs), which will be available when current supplies of Epanutin Infatabs are depleted. Further information on this is attached and below:

- Pfizer have sufficient supplies of Dilantin 50mg Infatabs to meet demand for Epanutin 50mg Infatabs to cover the full out of stock period. However, Dilantin will be considered an unlicensed medicine in the UK
- The active ingredient in Epanutin 50 mg Infatabs and Dilantin 50 mg Infatabs is the same, but in the absence of bioequivalence data from Pfizer, there may be clinically relevant differences between the two products. Further information in the attached DHCP letter and documents
- Switching to alternative presentations should be managed under medical supervision and monitoring of phenytoin serum levels are advised to ensure the correct dosage is being given.
- Epanutin 30 mg/5 ml Oral Suspension remains available, however, supplies are only available to meet normal market demand, and as such **patients should not be switched to Epanutin Oral Suspension as this may precipitate a shortage of this presentation**
- GPs should identify all patients currently prescribed Epanutin 50mg Infatabs. Early contact should be made with the patient or the patient's parent/carer to determine if and when switches are likely to be required during this stock out period.
- Alternative formulations of phenytoin remain available including tablets, capsules and injections Details on prescribing and ordering
- If a clinician chooses to prescribe Dilantin 50mg Infatabs, they should be aware this is an unlicensed medicine in the UK.
- Any decision to prescribe an unlicensed medicine must take into account the relevant GMC guidance and NHS Trust governance procedures. Please see link to GMC guidance <https://www.gmc-uk.org/ethical-guidance/ethical-guidance-for-doctors/prescribing-and-managing-medicines-and-devices/prescribing-unlicensed-medicines>
- Prescribers should ensure that they issue a prescription for the unlicensed product and clearly mark on the prescription that this is a special/unlicensed product. This is to ensure the pharmacy/contractor is reimbursed appropriately.
- Pharmacies/ contractors may be unable to dispense Dilantin 50mg Infatabs and/or be reimbursed if the prescription states Epanutin.

Pharmacies/contractors wishing to order Dilantin should contact Pfizer Customer

Contact Centre on 0845 608 8866 directly who will manage the order.

PRACTICE MANAGEMENT

Focus on the NHS App

All GP practices in England are being connected to the NHS App before 1 July 2019. Patients can already download the NHS App from app stores and use it to check their symptoms and get instant advice. Currently over one third of GP practices in England have connected to the NHS App. Benefits to patients of the NHS App include the ability to book and cancel appointments, order repeat prescriptions and securely view their GP medical record.

To help practices prepare for connection to the NHS App, there is a range of guidance and resources available at <https://digital.nhs.uk/services/nhs-app>. Webinars have been running in recent weeks and a number of dates are still available – book places at <https://digital.nhs.uk/services/nhs-app/nhs-app-webinars>.

You can view a [recording of a webinar](#) which explains how TPP's record access control functionality can be used to enable and expand safe and legal sharing of patient records. The webinar is supported with a full webinar transcript, additional slides and questions and answers document.

NHS England and NHS Improvement are working with the University of Central Lancashire (UCLAN) to develop GP practice website standards and technical specifications which will help GP practices to deliver a website that is user-friendly and informative for patients and the public. This resource will include the use of key information that patients most often look for on a practice website, such as how people can register with the practice and renewing prescriptions. You can join the mailing list for this resource by emailing england.pcdt@nhs.net.

Dr Farah Jameel, BMA GPC Negotiator and London sessional GP, takes a look at the progress made in delivering the NHS App in her [blog on the BMA website](#). She explains how the app aims to improve patient access to digital health services, what patients can and can't access before their GP practice is connected, the default level of patient record access, and what practices can expect to see happen and when.

Finally, Liverpool GP Dr Ian Pawson shares his best practice tips for the smooth

implementation of the NHS App. This includes making sure that patients, with long term conditions fully understand the benefits of having access to their medical record and test results through the app. [Read the blog on Pulse.](#)

Sign Up to Enhanced Services – Reminder

Practices are urged to check that they have signed up to the NHS England enhanced service offer available on the NYAHAT ES Portal. Specifically, check that if your practice has been providing the Extended Hours service (01/04/19 to 30/6/19) the information regarding hours of provision have been noted on the proposal form. Calculation of payment for APMS/PMS practice will take place in week commencing 27/05/2019, and if your practice has not indicated sign up payment will not be made in quarter.

Wi-Fi Installation in Primary Care Premises - Update

Embed are continuing to deliver their programme of installation of Wi-Fi infrastructure to primary care premises across our region. When complete this will allow Wi-Fi access for patients and visitors in primary care premises. To allow the safe installation of Wi-Fi infrastructure it is necessary to understand the risk to installers, staff and the public from any asbestos which may be present. This is normally identified and safely managed by the premises manager and is a requirement of the [Control of Asbestos Regulations 2012](#).

The premises manager and/or owner is a duty holder as part of this legislation and by way of a reminder, these duties include:

- Find out if asbestos is present
- Make a record of the location, type and condition of the asbestos
- Assess the risk of anyone being exposed to the asbestos
- Prepare a plan on how to manage these risks
- Put the plan into action, monitor it and keep it up to date
- Provide this information to anyone who might work on or disturb the asbestos

This link provides more information <http://www.hse.gov.uk/asbestos/duty.htm>

Please contact the LMC if you require further advice or information.



GUIDANCE & RESOURCES

New Contractual Guidance and Ready-Reckoner

NHS England has published further guidance about the new and amended GP contractual requirements for 2019/20 and related enhanced services. In addition, NHSE, in partnership with GPC England, has published a “Ready Reckoner” which is intended to provide an indication of the changes in income streams that may affect GMS practices from 1 April 2019. Both documents are available on the NHS England website. <https://www.england.nhs.uk/gp/gpfv/investment/gp-contract/>

GP Contract Updates

A reminder that the LMC continues to issue regular updates on implementation of the new GP Contract, including all the latest on Primary Care Networks. Providing information and resources to help practices prepare for the future of primary care was one of the main areas for development identified by respondents to our 2018 LMC constituent survey, and we are therefore focussing on delivering on this this year.

We are regularly highlighting new resources published by the BMA on their [Primary Care Networks page](#). You can find all issues of our update bulletin on our website [here](#).

CONSULTATIONS

NHS e-Referral Service (e-RS) – How has Implementation Gone?

GPC England is represented on the NHS England / NHS Digital-led Electronic Referral Advisory Board and is keen to report any difficulties or issues that practices may be having with the e-RS since it became a contractual requirement to use it in October 2018. They are particularly keen to hear about any technical issues, functionality limitations, including across federated models of care, or anxieties GPs may have around transfer of clinical responsibility. Email Alex Ottley (A.Ottley@bma.org.uk) with your feedback which will be used to help improve the e-RS.

A guide for GPs on the e-RS, jointly produced by GPC, NHS Digital and NHS England, was published on the BMA website in January 2019. View this at

<https://www.bma.org.uk/advice/employment/gp-practices/service-provision/nhs-e-referral-service-a-guide-for-gps>

GENERAL NEWS

A Message from Dr Krishna Kasaraneni, Medical Director



After three years as the Medical Director at the LMC, I am leaving next month. Although I have thoroughly enjoyed my time at the LMC, three jobs and two kids doesn't fit into a seven day week very well and I am therefore returning to South Yorkshire. I am however, leaving with very fond memories of working with you and have learnt a tremendous amount from the resolve and determination that you've shown in trying to make general practice a success in Humberside during a very difficult time for the profession.

To the GPs who relentlessly give it their all; the practice managers who keep the show on the road; the practice staff who just don't stop, Hospital, CCG and NHSE colleagues who try their best under difficult circumstances, I have nothing but respect for you. I hope you will continue to have a positive and constructive relationship with the LMC in ensuring general practice in Humberside is something to be proud of and I with you nothing but success.

During my short time at the LMC, I have seen the organisation go from strength to strength, and with strong leadership at the helm, I can only see things improving further in the coming years. Whilst I couldn't do justice by naming everyone who supported me in my role, I do want to take this opportunity to thank Dr Saskia Roberts specifically. She was one of the biggest reasons why I joined the LMC in the first place, and her

attention to detail, unparalleled passion, and desire to do the right thing by GPs locally and support general practice is truly amazing. Saskia steered the LMC through some difficult times more than once, I will miss her and the team at the LMC office who've put up with all my idiosyncrasies over the years. My heart felt gratitude to a wonderful team

Having said all of that, I am not completely leaving. I will continue to be Yorkshire's representative on BMA Council, and will continue to liaise with the LMC in my GPC role. So, please do feel free to drop me a line via support@bma.org.uk if I can help you in any way. I will also attend the LMC meetings a few times a year, so some of you will still bump into me in places...

Wishing you and your teams all the very best for the future.

Krishna

The Clinical Negligence Scheme

The Clinical Negligence Scheme for GPs is now in operation, removing the pressure on general practice of rising clinical negligence costs.

Everyone working in general practice is automatically covered for clinical negligence liabilities in relation to NHS primary care services in England. No payments, formal memberships or registrations are required.

Staff and practices will still need separate arrangements for private work, professional practice, additional advisory services and liabilities incurred prior to April 1, not covered by occurrence-based indemnity.

The scheme is run by NHS Resolution and further details are available on their [website](#).

Perinatal Mental Health Campaign

Humber Coast & Vale Health & Care Partnership have launched a perinatal mental health campaign. GP practices in the area should have received posters to be displayed in waiting areas/clinical rooms. PDF versions of the posters can be downloaded [here](#) and [here](#).



The campaign website can be found at www.everymumatters.com and practices are asked to help with publicising this by including on their websites/practice newsletters.

If you have any questions in relation to this campaign, please contact Georgie Thrippleton, Programme Delivery Manager – Perinatal Mental Health, Humber, Coast and Vale Health and Care Partnership, telephone: 07790582098 or email: gthrippleton@nhs.net.

New Online Exercise Resources for Patients with Osteoporosis

The Royal Osteoporosis Society has launched a new set of online [exercise videos and guides](#). The guide include information on how exercise helps with osteoporosis and bone health, answers common questions, and provides specific exercises to promote bone and muscle strength.

This follows last year's publication of [Strong, Steady and Straight: an expert consensus statement on physical activity and exercise for osteoporosis](#) designed for GPs advising patients on correct exercises and movements.



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